



### Perú the perfect balance of Culture, Adventure and Nature!!!

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## SALKANTAY TREK TO MACHU PICCHU 5D/4N

**Classic Trek Salkantay 5 Days and 4 Nights "Machu Picchu by Trekking Salkantay 5 Days"** , As a new option against the new restrictions and limits on the route of the classic Inca Trail to Machu Picchu in recent years, has found new alternatives and paths to reach the majestic Machu Picchu.

The Classic **Salkantay Trek** is an alternative to the Traditional Inca Trail to Machu Picchu. The sacred path is a cutting edge experience for adventure travelers looking for a little more privacy and authenticity. With more spectacular views ,on the trekking to Machu Picchu offers tranquility and contemplation of the rich nature of the Archaeological Park of Machu Picchu.

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**Salkantay Trek Satisfaction** [Salkantay Trek Satisfaction Guarantee.png](#)

### Overview of the Tour:

- Price **390.00 USD\$.**
- 03 Nights Camping.
- 01 Hostel Night DWB in Aguas Calientes (Hot Water, Wifi, Lcd, Breakfast).
- Includes: guided, transportation and Entrances to the places that we will visit.
- Food: 04 breakfasts, 04 Lunches, 04 Dinners.
- Activities: Trekking by the route of Snowy Mountain of Salkantay and the visit to the Archaeological Center of Machu Picchu.
- Return Train Service on Tourist Class **Expedition-84 18:35?**

#### Accommodation in Aguas Calientes

- Dennys House Hostel
- [Terrazas de los Incas B&B](#)
- [Machu Picchu Santuario Hotel](#)

### Why Choose us, as your Operator on the route of Salkantay to Machu Picchu?:

- We are Operators 100% local people in the city of Cusco.
- We open groups from 3 people, to 12 people maximum.
- **Delicious Food, Abudant Food with Buffet style** ([Click to see our Fantastic Food in Salkantay](#))
- We do not send our passengers to another agency for their operation
- [Camping Equipment of High Mountain, 4 seasons very comfortable.](#)
- Our Guides are Accredited by the Culture Ministry and Dircetur, We do not hire guides without license.
- [Reasons to Choose Enjoy Peru Holidays as your travel operator to Machu Picchu by the route of Salkantay](#)
- We offer the best market price, A Quality service to the best price. ¡¡Travel on Private Service!!

### Important things that you have to carry to your travel to Salkantay:

- [¿What things should i carry to the route of Salkantay to Machu Picchu?](#)

### Validity and Conditions:

- Price per person in Double Room.
- Valid from 01 January to 31 December of 2015.
- Subject to Availability.

## Tour Itinerary:

We will find with you in your Hostel / Hotel. Also we will bring you the opportunity make the final payments. You will have a briefing one or two days before your travel date, where we will resolve your last doubts about the trip.

### DAY 01: Cusco - Mollepata - Soraypampa

**Foods:** Lunch, Dinner.

**Accommodation:** Camping.

**Minimum Altitude:** 2,677 m.a.s.l. (Mollepata)

**Maximum Altitude:** 3,900 m.a.s.l. (Soraypampa)

**Distance:** 16 kilometers approximately.

The pickup will be at 3:15 to 3:45 a.m. at your respective accommodation. Departure at 04:00 am. On private bus heading towards "Mollepata" a small village located at an altitude of 2,850 m. temperate climate, jungle vegetation and around of the village we will see some snowy mountains that belong to the chain of Salkantay which are an altitude of 4,000 - 5,000 meters. We will arrive to Mollepata approximately at 07:00 am, where we will enjoy this beautiful landscape that is a part of the snowed mount of Salkantay which is located at an altitude of 6,200 meters. Where we will have our breakfast (optional), contemplating this landscape we will begin our walk which will last approximately 7-8 hours so we will be accompanied by the vegetation of the jungle, on the way we will have lunch, and then will continue until we reach to Soraypampa place of our first camp.

### DAY 02: Soraypampa - Chaullay

**Foods:** Breakfast, Lunch, Dinner

**Accommodation:** Camping.

**Maximum Altitude:** 4,630 m.a.s.l. (Abra Salkantay)

**Minimum Altitude:** 2,800 m.a.s.l. (Chaullay)

**Distance:** 22 kilometers to Chaullay.

The second day will be the longest trek. After a breakfast we will start trekking by a moderate ascent for two hours until get to " Salkantay Pass "(4,600 m. / 9800ft) After to leave a small gift to the mountains and take a group photo in front of the snowed mount of Salkantay. We will begin to descend two hours until lunch spot in Huayracmachay. After a quick break, we will continue our walk downhill to the jungle. After about two hours, we will get to Chaullay place where we will spend the night.

### DAY 03: Chaullay - Playa Sahuayaco - Santa Teresa

**Foods:** Breakfast, Lunch, Dinner

**Accommodation:** Camping.

**Maximum Altitude:** 2,800 m.a.s.l. (Chaullay)

**Minimum Altitude:** 1,800 m.a.s.l. (Santa Teresa)

**Distance:** 16 kilometers aprox.

After breakfast at 06:30 am. We will start walking through the high jungle, crossing the river Lluskamayo and a variety of small streams. We will pass by magnificent valleys that have wonderful waterfalls, and some tropical plants and fruits, appreciating a variety of coca, considered the sacred leaf of the ancestors of the Inca Empire which is actually cultivated in tropical areas, this last section will be a descent trek to the "Playa Sahuayaco" and thence towards Santa Teresa where we will spend the night.

### DAY 04: Santa Teresa - Hidroeléctrica - Aguas Calientes

**Foods:** Breakfast, Lunch, Dinner

**Accommodation:** Hostel in Aguas Calientes.

**Minimum Altitude:** 1,800 m.a.s.l. (Santa Teresa)

**Maximum Altitude:** 2,040 m.a.s.l. (Aguas Calientes)

**Distance:** 16 kilometers aprox.

The sunrise will be in a place inside of a tropic zone, full of nature and history, there our breakfast awaits us, then we will continue our journey towards Aguas Calientes (Machu Picchu Village) to arrive at this town it will take a period of approximately 7 hours, passing by the known center of rest Hydroelectric ( Hydro service station - Aguas Calientes: Optional) stopping at various places just to enjoy the scenery and full of waterfalls with stunning falls which come from the glaciers, arriving in the afternoon to the village known as "Aguas Calientes" where we will spend the night in a hostel at the bottom from the Inca citadel of Machu Picchu.

### DAY 05: Aguas - Calientes - Machu Picchu - Cusco

**Foods:** Breakfast.

**Minimum Altitude:** 2,040 m.a.s.l. (Aguas Calientes)

**Maximum Altitude:** 2,430 m.a.s.l. (Machu Picchu)

**Activity:** Visit to Machu Picchu and return to Cusco.

By the early morning around 4:30 a.m. we will climb to the majestic Inca city of Machu Picchu, will visit accompanied by our guide approximately 2 hrs, and the rest of the day will be free and you can visit Huayna Picchu (Optional), Inti Punku, Temple of the Moon or just visit the citadel once more, then we will return to Aguas Calientes (Machu Picchu village) by the afternoon, depending on the time of our return train, which we will let you know, once you book your trip with our company, transfer to Ollantaytambo imperial city of Cusco.

## The visit to Huayna Picchu includes (USD 10.00)

If you are interested to include Huayna Picchu in your visit to Machu Picchu, you must know that exist new regulations and the permits must to be purchased by forward, the cost of the entrance to Machu Picchu including the climb to Huayna Picchu , **it costs USD 10.00** extra and we must have this confirmed at time of your booking.

(Include in the comment box on the booking form if you want to include the Huayna Picchu)

## WE RECOMMEND THAT YOU CARRY THE FOLLOWING EQUIPMENT:

- Backpack.
- Trekking boots should be waterproof (recommended).
- Warm clothing for the night.
- Rainwear.
- Binoculars.
- Lantern.
- Cap or Hat.
- Long pants, jeans are not recommended.
- Various t-shirts.
- Small towel.
- Swimsuit to the hot springs in Aguas Calientes (not included)
- Toilet paper, handkerchiefs.
- Hand sanitizers.
- Sunscreen.
- Insect repellent.
- Rain Coat.
- Medicine and / or personal items (liquid for contact lenses).
- Snacks: biscuits , energy bars , chocolate , fruit , muesli , water, etc.
- Water bottle, you should drink plenty of water on the trek.
- Purification tablets.
- Original passport ( to the entrance at the Control of Machu Picchu).
- Student card ( ISIC -% Discount) if it is applicable.
- Have on hand, checks, coins and dollars in small denominations, euros or soles.
- Trekking sticks.
- Camera or camcorder.
- Sleeping bag -10 ° C.

## TOUR - TREKKING SALKANTAY TO MACHU PICCHU

Salkantay is the snowy mount that protects Cusco with 6271 meters of altitude. In our tour we will cross beautiful Andean landscapes and a mountain of 5000 m, and we will have the opportunity to observe Condors and Alpacas in their natural habitat. On this trip we will find the beautiful and great Salkantay (6271 m) we can bathe ourselves in the natural hot springs from the depths of the earth, see the Condor, various fruit trees and a variety of orchids, but not least you can try the tastiest coffee in Peru "the Convention's coffee" enjoying the beautiful Machu Picchu view from our camp. At peak which rises to over five thousand feet and tongues of ice falling precipitously forming glacial lakes.

Salkantay circuit is one of the biggest attractions of Cusco, The "Cordillera Vilcabamba", where we can find the amazing snowy mountain of Salkantay is a beautiful and secluded area. Dominated by the same Salkantay which has numerous high snowy mountains as Tucuruay (5,910 m), the Veronica (5,682 meters) and Huacayhuilca ( 5,361 m) , among others. All of them are visible from the area of Phuyupatamarca during the Inca Trail to Machu Picchu.

## SALKANTAY TREK QUESTIONS & ANSWERS

### Question 1: How do i reserve a space for the Salkantay Trek?

You can rely on our dedicated staff to answer any questions you may have and to take care of every detail of your trip from start to finish. Please email us to: [info@enjoyperuholidays.com](mailto:info@enjoyperuholidays.com) to get started.

### Question 2: Will the altitude affect me?

When travelling throughout the Andes in Peru some people will suffer some effects of altitude sickness. If you plan to hike the **Salkantay Trek** we recommend arriving 2 or 3 days before the start to acclimatize and rest.

### Question 3: What is the best thing to do in the event of altitude sickness?

Wherever possible "go down". But, if you are staying in Cusco, you may still feel the effects. The best advice is to sleep, take plenty of fluids and you could also try coca tea. The porters chew coca leaves wrapped around a black resin called Illipta. When you are actually walking and active (especially on day two of the trail), this may help since it dilates vessels to increase the blood flow to the parts of the body that need it.

**Question 4: Do you require a deposit?**

Yes. We require a non-refundable booking deposit of US\$225 for all treks and US\$450 for all other tours.

**Question 5: Is the Salkantay Trek difficult?**

You know the answer to this one: it depends! You reach 4600m on the second day after climbing for the best part of the day. Especially if you are within your first five days at altitude, this may give you headaches and shortness of breath. Don't forget that even people who live in Cusco (at 3300m) still get short of breath.

**Question 6: What do I need to bring on the trek?**

Backpack, sleeping bag, mattress (we will provide you with this), rain jacket, strong footwear (walking boots are recommended as they provide support to the ankle which reduces the risk of injury especially when trekking in the wet season (December - March). However it is important that your boots are comfortable and well worn-in and not brand new. Many people prefer to trek in tennis shoes but extra care should be taken. We do not recommend trekking in sandals. One complete change of clothing, sweater, jacket (something warm), water bottle and sterilizing tablets (Micropur are recommended and can be bought in local pharmacies in Cusco), flashlight and batteries, broad-brim or peaked cap, sunblock, insect repellent, toiletries and toilet paper, selection of small snacks, chocolate, dried fruit, biscuits etc, camera and plenty of film. You also have to bring your original passport with you on the trek.

**Question 7: Should I request an extra horse?**

It is better to request a horse before you go on the trail rather than realize halfway through that you're not enjoying carrying your pack at this altitude and want some help.

**Question 8: What do we do for water along the Salkantay Trek?**

At meal times we will give you teas, coffees etc to drink. You'll come across a mountain spring, fountain or small stream approximately every 1½ hours along the trail where you can fill up your water bottle. Take a bottle of at least 1½ liter capacity per person. Although the water looks it is always safer to use sterilizing tablets or a water filter. The sterilizing tablets can be bought in most pharmacies in Cusco. With these tablets you have to wait between 30 and 40 minutes before drinking. Bottled mineral water can also be taken from Cusco or bought at Mollepata or Santa Teresa.

**Question 9: What is the best thing to do in the event of altitude sickness?**

Wherever possible "go down". But, if you are staying in Cusco, you may still feel the effects. The best advice is to sleep, take plenty of fluids and you could also try coca tea. The porters and horse handlers chew coca leaves wrapped around a black resin called Ilipta. When you are actually walking and active (especially on day two of the trail), this may help since it dilates vessels to increase the blood flow to the parts of the body that need it.

**Question 10: How much money should i take?**

Please review what is included in your trek in order to estimate what you should take. Along the way you can buy snacks and souvenirs, mostly of a non expensive nature.

**Question 11: How long does it take to get to Peru?**

To Lima on a non-stop flight (recommended):

From Miami 5 1/2 hours

From New York 8 hours

From Los Angeles 8 1/2 hours

**Question 12: When is the best time to go?**

This is a difficult question to answer as Peru has a huge variety of weather conditions. We would say travelers can visit Peru any time of the year ! Dry season runs from May to November and this is typically the time that is most recommended. However, this is also the cooler time of year. Nighttime temperatures can drop to below freezing at the height of the dry season. June, July and August are the most popular months to visit so you will tend to encounter much larger crowds during these months.

In the wet season (December to April), you can expect showers three to four afternoons a week. For travelers that don't mind a little drizzle and muddy trails, this time of year offers smaller crowds and greener hillsides, with wildflowers and orchids often in bloom. The shoulder seasons, April to June or September to November can often provide the best of both worlds. They typically have fewer crowds and warmer temperatures than the height of the dry season, but still tend to have relatively little rain. For more information, check out our Peru Weather page.

**Question 13: What entry documents do i need?**

U.S. citizens need a valid passport and an entry form-tourist card which is provided by your air carrier either at the ticket counter when checking in for your flight to Peru or once on-board. (NOTE: Other nationalities should check with the nearest Peruvian Consulate to determine correct entry requirements.

**Question 14: Is it safe to travel in Peru?**

Definitely. We tend to hear the very worst news from Latin America. Helpful people and extraordinary culture. Most crime is opportunistic and not violent but of course, it is possible to be in the wrong place at the wrong time. Care and common sense will nearly always prevail. The Sendero Luminoso is no longer active.

**Question 15: How do I get from the airport to the hotel on the escorted tours?**

All of our escorted tours include arrival transfer services, a Enjoy Perú Holidays representative will be waiting for you at the point of your arrival.

**Question 16: What type of transportation is used?**

Our escorted tours utilize a variety of transportation including private vans/ cars, comfortable tourist buses, flights, canoes, etc. We use a mix of private/ public transportation to provide travelers with the safest and most efficient transportation in each area. Occasionally, we may include non-typical transportation modes (rickshaw, bicycle taxi, "chicken bus", etc.) for short distances to give travelers a sense of local flavor.

**Question 17: What happens if I arrive at Machu Picchu and then decide to stay an extra night, can I change my train ticket?**

It is still possible to make changes to your return train ticket if you decide to stay an extra night at Aguas Calientes. You will have to take your train ticket personally to the train station in Aguas Calientes and ask them to change the return date of your ticket. You will probably be asked to pay an extra administrative fee and changing the ticket will be subject to availability of spaces the following day. If you change your ticket for a cheaper service then you will not be refunded the difference!.

**Question 18: What training do you provide for your staff on environmental practices?**

Our guide teams have been trained in first aid and rescue and are regularly updated through seminars and courses in their respective fields. All of our trekking staff receives regular briefings on how to best comply with the **Salcantay Trek Trail and Machu Picchu** Sanctuary Regulations as well as on environmental awareness.

**Our Credo in Nature**

We are great believers in leaving the areas that we visit in as untouched a condition as is possible. We encourage everyone who travels with us to respect the land, the people, and their fellow travelers. This type of focus leads to amazing experiences and insights that bring a sense of satisfaction, which is difficult to create any other way, so be thinking responsibility, consideration, and FUN!.

- Payment of 40% of the total cost of the tour.
- Have a "Tourism Visa" if you are from Costa Rica, Honduras and Guatemala.
- The Prices are promotional to be paid in cash, for paying by credit card will incur an additional charge of 10% to the total.